



DAILY MENU – WEEK 1

MONDAY	Breakfast	Dinner	Veg Option	Tea
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Spaghetti Bolognese	Quorn Bolognese	Garlic Bread
ALLERGENS:	Wheat, Barley, Oats, Milk	Gluten – wheat, Sulphites, Celery	Gluten – Barley, Egg, Milk, Celery	Wheat, Milk, Buttermilk
TUESDAY	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Chicken Casserole	Quorn Casserole	Selection of Sandwiches
ALLERGENS:	Wheat, Barley, Oats, Milk	Sulphites, Celery, Butter	Gluten, Barley, Wheat, Egg, Milk, Celery	Wheat, Milk, Butter
WEDNESDAY	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Butternut Squash, Chickpea & Spinach Curry		Homemade Scones
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Mustard, Celery		Wheat, Eggs, Butter, Milk, Celery
THURSDAY	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Cottage Pie with fresh Garden Peas	Cottage-less Pie (Quorn) with fresh Garden Peas	Toasted Brioche Rolls with a selection of fresh seasonal fruits
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Barley, Soya, Lupin, Celery	Barley, Egg, Milk, Lupin	Milk, Wheat, Eggs
FRIDAY	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Tomato & Veggie Pasta		Cheese & Crackers with diced pineapple chunks
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Milk, Celery		Milk, Wheat, Butter



DAILY MENU – WEEK 2

MONDAY	Breakfast	Dinner	Veg Option	Tea
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Spaghetti Carbonara	Mushroom Carbonara	Cheese & Crackers with crunchy Apple slices
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Egg, Milk, Celery	Wheat, Egg, Milk, Celery	Wheat, Milk, Butter
TUESDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Meatballs in Onion Gravy with Creamy Mashed Potato	Quorn Meatballs in Onion Gravy with Creamy Mashed Potato	Selection of Sandwiches
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Barley, Milk, Soya, Celery	Barley, Wheat, Egg, Milk, Celery	Wheat, Milk, Butter
WEDNESDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Creamy Chicken & Sweetcorn with Boiled Rice	Creamy Quorn Pieces & Sweetcorn With Boiled Rice	Homemade Vegetable Soup with fresh Brown Bread
ALLERGENS:	Wheat, Barley, Oats, Milk	Milk, Mustard, Celery	Milk, Mustard, Celery	Wheat, Celery, Milk
THURSDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Mac & Cheese		Homemade Hummus with selection of Veggie Sticks, Homemade Nachos and Breadsticks
ALLERGENS:	Wheat, Barley, Oats, Milk	Milk, Celery, Mustard, Wheat		Wheat
FRIDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Chilli con Carne with Boiled Rice	Mixed Bean Chilli With Boiled Rice	Pepperoni & Cheese or Margarita Pizza
ALLERGENS:	Wheat, Barley, Oats, Milk	Wheat, Soya, Barley, Celery	Wheat, Soya, Barley, Celery	Wheat, Milk



DAILY MENU – WEEK 3

MONDAY	Breakfast	Dinner	Veg Option	Tea
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Tomato & Basil Pasta topped with grated Cheese		Creamed Rice Pudding with raisins/honey/jam/s liced bananas
ALLERGENS:	Wheat, Barley, Oats, Milk	Milk, Wheat		Milk
TUESDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Fish Fingers with Mashed Potato and Baked Beans	Veggie Fingers with Mashed Potato and Baked Beans	Crackers, Fruit & Yoghurt
ALLERGENS:	Wheat, Barley, Oats, Milk	Milk	Milk	Wheat, Milk, Butter
WEDNESDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Sweet & Sour Pork with Boiled Rice	Sweet & Sour Veggies with Boiled Rice	French Toast
ALLERGENS:	Wheat, Barley, Oats, Milk	Celery	Celery	Egg, Wheat, Milk
THURSDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Creamy Chicken & Mushroom Pasta	Creamy Cheese & Mushroom Pasta	Waffles & Baked Beans
ALLERGENS:	Wheat, Barley, Oats, Milk	Celery, Wheat, Milk, Mustard	Celery, Wheat, Milk, Mustard	Milk
FRIDAY				
	Choice of cereals – Rice Crispies, Cornflakes, Weetabix, Porridge Toast Water or Milk to drink	Chicken Curry with Boiled Rice	Veggie & Chickpea Curry with Boiled Rice	Sausage Rolls Veggie Option: Crackers fruit & Yoghurt
ALLERGENS:	Wheat, Barley, Oats, Milk	Celery, Mustard, Wheat	Celery, Mustard, Wheat	Sulphites, Wheat, Milk, Celery,